

# Why Is Homeopathy the Medication of Choice for Treating Diseases in Elderly Patients?

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## Editorial:

This theme that the author is writing about why homeopathy is the medication of choice for the treatment of elderly people, has been the subject of experience that she has been living since her medical graduation in 1992 [1].

The author was graduated from the State University of Londrina in Brazil, specialized in infectious and parasitic diseases, she started working as an infectious disease physician, who controlled the use of all antimicrobials prescribed in a general hospital in the city of Franca, Brazil, from 1995 to 2003 [1].

She can remember that she always adjusted the dose of medication to less, when the patient is elderly, due to low Kidney function and all internal organs, due to the aging process.

In the article written by Hossein et al. (2018) entitled *Polypharmacy among the Elderly*, the authors are saying that there is a concurrency consumption of several medications among elderly patients due to many chronic diseases in these population and the use of more than five medications (characterizing polypharmacy) consumed concurrently, can decrease quality of life, increase drug interaction, and cause many side effects and health problems increasing also, the costs. All these problems can also increase the incidence of fall in these population and hospital stay, frequent

hospitalization and deaths among elderly population [2]. In 1996, the author obtained the title of specialist in general practice and specialist in parenteral and enteral nutrition. In addition to being a member of the hospital infection control service at Santa Casa de Franca, she coordinated the hospital infection control committee of two other hospitals, in addition to commanding the nutritional support team of both hospitals. In 1997, he began his medical training in acupuncture and in 2001, he began his medical training in Chinese herbal medicine.

In 2010, the author started to study the energy from the chakras' energy centers, to assess the energy from the five internal massive organs of traditional Chinese medicine, (which are the Kidneys, Liver, Heart, Spleen and Lung). In 2015, she noticed a change in the energy pattern of most of her patients she attends in the city of Franca, showing that 90 % of the population were in the lowest level of energy in all the five internal massive organs, responsible for the production of *Yin, Yang, Qi* and Blood, published in the article written by Huang (2021) entitled *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection* [3]. The author carried out a study evaluating 1000 chakras' energy centers measurements between 2015 and 2020 and concluded that more than 90 % of her patients



do not have energy in all five massive organs and the remaining 10 % have some chakras' energy, but 97% of these patients, regardless of age, gender, or diagnosis, had no energy in the Kidney (second chakra) [3, 4].

The Kidney is responsible for our youth, according to traditional Chinese medicine and the loss of energy in the Kidney causes the aging process [5].

Therefore, to maintain our youth, we must keep the energy of the Kidneys at adequate levels and the loss of its energy can cause graying of the hair, knee pain, pain in the lower back, reduced hearing process, bone loss, bone loss in teeth, as the author demonstrates in all the articles Huang (2020) has written, such as *Why Patients with Knee Pain Still Have Symptoms Despite the Use of Anti-inflammatory Medications* and in another article written by her (2021) entitled *What is Behind Every Fracture We Need to Know?* [6, 7].

However, according to traditional Chinese medicine's reasoning, the Kidney is not an organ that works in isolation, but it depends on the energy of other organs, to maintain its integrity, following the Five Elements theory [6].

The organ that sends energy to the Kidneys (second chakra), according to traditional Chinese medicine is the Lung (fourth chakra) and this organ receives energy from the Spleen (fifth chakra), the Spleen receives energy from the Heart (third chakra) and the Heart receives energy from the Liver (first chakra). This process of one element sending energy to the following organ is called Generation Cycle, in the Five Elements theory [8].

According to physicists Albert Einstein (1879 - 1955), he said that everything we see by the naked eyes is made of energy, including the human being and the aging process according to traditional Chinese medicine is due to the loss of this energy of the five internal massive organs (Liver, Heart, Spleen, Lung and Kidney) [5, 8].

According to Arndt Schultz Law, created by two German scientists in 1888, drugs in high concentrations, considered to be scientific according to the Flexner report, cause a reduction in the vital energy and highly diluted drugs cause an increase in the vital energy and therefore, are the type of medication that we should use in all patients today, according to the research carried out by the author, which demonstrates that

all patients today are in a state of very low energy, not just elderly patients [9, 10].

But, as elderly patients are also energy consumed, due to the excessive work, little rest, inadequate nutrition, etc., everything becomes different in the elderly patient.

In a research carried out by the author in a nursing home located in the city of Ibiraci, Brazil, analyzing the energy of the chakras of twenty-six patients, with ages ranging from 57 to 95 years, she concluded that 92.31% had no energy in the first chakra (liver) ,92.31% had no energy in the second chakra (Kidney), 92.31% had no energy in the third chakra (Heart), 84.62% had no energy in the fourth chakra (Lung), 80.77% had no energy in the fifth chakra (Spleen), 61.54% had no energy in the sixth chakra (memory and concentration) and 100% of the analyzed patients had spiritual energy. The proportion of men was 69.23% and women was 30.77%. The most frequent diagnoses were hypertension (34.61%), stroke (7.69%), diabetes mellitus (7.69%), Alzheimer (5.78%), obesity (5.76%), disorder bipolar (3.84%), smoking (3.84 %), mental problems (3.84%), Parkinson (3.84%), chronic obstructive pulmonary disease (3.84%), skin cancer (3, 84 %), cancer (1.92%), prostate cancer (1.92%), schizophrenia (1.92%), former smoker (1.92%), hemodialysis (1.92%), hypothyroidism (1.92%), others (1.92%).

In an article written by Lohr KN (1990), entitled *Medicare: A Strategy for Quality Assurance: Volume 1*, this author is saying that elderly person is considered persons older than 65 years or older. In US (1987), there were about 12% of elderly population and corresponding to 30 million people at that time. And they correspond to 96 percent of the recipients of Medicare [11].

Highly diluted drugs (such as homeopathies) are undoubtedly the most perfect option for this class of patients, as they fit exactly what these patients need, which is energy and any drug in high concentrations whether for fever, anti-inflammatory, antibiotics, etc. will bring even more drop in this vital energy, leading to the acceleration of the aging process, causing side effects and aggravating the formation of other diseases, as shown in the article recently written by the Huang (2021) entitled *Why do Patients Seem to be Older*



*After COVID-19 Treatment?* [5].

The use of homeopathic medicine, if through the *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine*, becomes even more perfect for supplying the energy of the five internal massive organs, according to the Five Elements theory, important for the rejuvenation process, it improves of immunity, treatment of women in menopause, helps in the process of loss of sexual function in men and women, helps in the treatment of all chronic diseases because all chronic diseases nowadays have in their background the low energy of the internal five massive organs (Liver, Heart, Spleen, Lungs and Kidney) as demonstrated by the author in several of article she published, for example in the article written by Huang (2021) entitled *Energy Alterations and Chakras' Energy Deficiencies in Dementia Patients*, among many other articles [12, 13].

Highly diluted medication to treat chakras ©energy centers deficiency, can treat patients with any type of chronic pathology nowadays, can reduce Blood glucose in diabetic patients, can reduce the risk of myocardial infarction and stroke and also reduces the chance of getting cancer and currently also improves immunity reducing the chance of having COVID-19 infection, improving the immune system of the patient, as demonstrated by the author in the article written by her (2021) entitled *Is SARS-CoV- 2 Strong or Our Body Is Weak?* [14].

Therefore, the use of homeopathy in elderly patients is of great value in this group of patients and should be recommended as the first choice in the list of types of medication indicated for elderly patients today. The reason for this indication is the energy alteration that the whole population in the world is suffering, leading to a lower energy pattern of the internal massive organs and the use of highly concentrated medications will cause even more drop of this energy, and cause more deleterious effect in the internal energy of the patient, and causing more harm in this vital energy and can lead to death, according to Arndt-Shultz Law [3, 10].

According to a theme presented by the author in a 9<sup>th</sup> Webinar on Healthcare – Health economics and Policy, that was held on February 09, 2021, she states that “To know which

medicine we should prescribe, we need to know what type of patient we have nowadays” [15].

As demonstrated by the author, because the energy pattern in all patient groups has fallen, showed in the article written by Huang (2021) entitled *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection* and in the second article also written by Huang (2021) entitled *Are We Vaccinating Immunocompetent or Immunocompromised People for COVID 19?*, she is demonstrating through several article written by her that what our population need nowadays, in all kinds of treatment, is to receive more energy in the five internal massive organs, that are leading to the formation of all kinds of chronic diseases. And homeopathy, being highly diluted medication, is the medication of choice in this requirement because other kinds of medications, being highly concentrated medications and classified as scientific after the implementation of Flexner report, in 1910, is causing harm in this energy, and leading to worsening of the energy status of the patient nowadays, as demonstrated by Huang (2021) in the article entitled *Why Medications Used Nowadays Are Harmful to Our Health?* [3, 4, 16].

As homeopathy has the function of increasing the vital energy, demonstrated in the book written by Manning and Vanrenen (1993) entitled *Bioenergetic Medicines East and West: Acupuncture and Homeopathy Paperback*, this is the medication of choice in the treatment of all kinds of diseases nowadays, for all patient age groups nowadays, especially for elderly patients [17].

According to Hippocrates (c.460 bce- c.375 bce), we must treat the patient and not the disease. If the physician treats the root of the problem (that are the energy imbalances and deficiencies) and not just treats the symptoms (that are in the leaf level of the tree), the physician will be able to treat all patients emotional and physical symptoms of the patient at the same time, even the physician does not know that the patient has such symptoms. Using homeopathy medications according to *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine*, the physician will treat the root of all problems of the patients, especially elderly patients, that the majority have in common, chakras' energy centers deficient in energy, demonstrated in her study



analyzing 26 elderly patients in a nursing home in Brazil [18, 19].

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